



Breakfast and Lunch Menus

All Breakfasts are served with milk.

All lunches are served with milk (low fat), apple juice or water.

Week of November 3 to November 7, 2025

Day	Main Course	Vegetable	Fruit
Monday 11-3-25	Breakfast: Cheerios with Graham Crackers Lunch: Meat Lasagna	Green Beans	Applesauce Bananas
Tuesday 11-4-25	Breakfast: Strawberry Yogurt with Graham Crackers Lunch: Nachos with Meat and Cheese with Black Beans	Corn	Mixed Fruit Cantaloupe
Wednesday 11-5-25	Breakfast: Bagel with Cream Cheese Lunch: Cheeseburger with Potato Tots	Carrots and Bean Salad (Green Beans and Chick Peas)	Applesauce Pineapple
Thursday 11-6-25	Breakfast: Chocolate Chip Muffin Lunch: Chicken Tenders with Sweet Mashed Potatoes	Peas	Mixed Fruit Oranges
Friday 11-7-25	Breakfast: Cheerios Cereal and Graham Crackers Lunch: Cheese Pizza	Broccoli	Applesauce Pear

