



Breakfast and Lunch Menus

All Breakfasts are served with milk.

All lunches are served with milk (low fat), apple juice or water.

Week of July 6 to July 10, 2026

Day	Main Course	Vegetable	Fruit
Monday 7-6-26	Breakfast: Cheerios and Graham Crackers Lunch: Chicken Tenders	Carrots	Applesauce Bananas
Tuesday 7-7-26	Breakfast: Vanilla Yogurt and Graham Crackers Lunch: Taco Tuesday: Soft Tacos with Beef, Cheese and lettuce and Black Beans	Corn	Mixed Fruit Oranges
Wednesday 7-8-26	Breakfast: Bagel with Cream Cheese Lunch: Cheeseburgers and Sweet Potato Fries	Broccoli	Applesauce Pineapple
Thursday 7-9-26	Breakfast: Chocolate Chip Muffins Lunch: Meatloaf and Gravy with Mashed Potatoes	Green Beans	Mixed Fruit
Friday 7-10-26	Breakfast: Cheerios and Graham Crackers Lunch: Cheese Pizza and Salad	Mixed Vegetable Medley	Applesauce Cantaloupe

