



Breakfast and Lunch Menus

All Breakfasts are served with milk.

All lunches are served with milk (low fat), apple juice or water.

Week of July 20 to July 24, 2026

Day	Main Course	Vegetable	Fruit
Monday 7-20-26	Breakfast: Cheerios and Graham Crackers Lunch: Chicken Tenders and Sweet Mashed Potatoes	Broccoli	Applesauce Bananas
Tuesday 7-21-26	Breakfast: Vanilla Yogurt and Graham Crackers Lunch: Breakfast for Lunch: Pancakes, Turkey Sausage and Hashbrowns	Carrots	Mixed Fruit Oranges
Wednesday 7-22-26	Breakfast: Bagel with Cream Cheese Lunch: Meat Lasagna	Peas	Applesauce Pineapple
Thursday 7-23-26	Breakfast: Chocolate Chip Muffins Lunch: Meatball Parmesan Sandwich and Potato Tots	Green Beans	Mixed Fruit Apples
Friday 7-24-26	Breakfast: Cheerios and Graham Crackers Lunch: Cheese Pizza and Salad	Mixed Vegetable Medley	Applesauce Cantaloupe

