



Breakfast and Lunch Menus

All Breakfasts are served with milk.

All lunches are served with a choice of milk (low fat), apple juice or water.

Week of September 14 to September 18, 2026

Day	Main Course	Vegetable	Fruit
Monday 9-14-26	Breakfast: Cheerios Cereal and Graham Crackers Lunch: Fish Sticks with Sweet Mashed Potatoes	Peas	Applesauce Banana
Tuesday 9-15-26	Breakfast: Vanilla Yogurt and Blueberry Muffin Lunch: Chicken Tenders and Baked Beans	Mixed Vegetables	Mixed Fruit Oranges
Wednesday 9-16-26	Breakfast: French Toast Sticks Lunch: Macaroni and Cheese	Broccoli	Applesauce Apple
Thursday 9-17-26	Breakfast: Chocolate Chip Muffin Lunch: Nachos with Beef and Cheese with Black Beans	Carrots	Mixed Fruit Oranges
Friday 9-18-26	Breakfast: Cheerios Cereal and Graham Crackers Lunch: Cheese Pizza	Green Beans	Applesauce Apple

